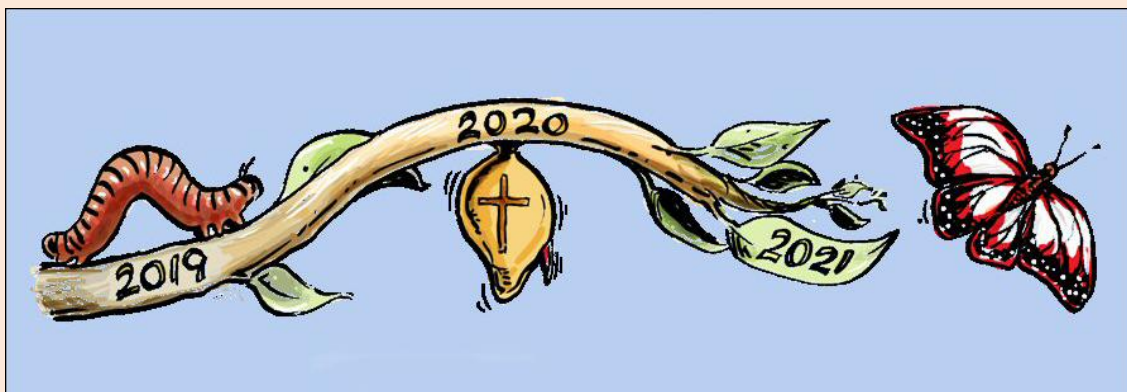


Emerging from the 'COVID Cocoon'



“So if anyone is in Christ, there is a new creation: everything old has passed away
see, everything has become new!” (2 Corinthians 5:17)

As part of our Easter worship this year (2020) at Seacliff Uniting Church we were encouraged to think of life, death and resurrection in terms of the process of metamorphosis in nature. In particular we thought of the caterpillar, the cocoon and the emergence of the butterfly. Furthermore we were encouraged to think of the struggle to get out of the cocoon as an important part of this process. In the weeks following Easter some of us at Seacliff Uniting thought that this metaphor might also be helpful as we struggle to emerge from the 'COVID Cocoon' in which we have lived now for several months.

As a result, several people in the congregation have decided to produce a series of Media Resources, consisting of both short **Videos** containing questions for discussion and accompanying **Scripts** with written support materials. We initially published several such Videos with Scripts on our website <http://www.seacliffuc.net/COVIDCocoon> and others will be added progressively towards the end of June 2020. We do so in faith that these Resources will be helpful not only to our congregation in the weeks ahead but also to other congregations and the wider Christian community.

Although these materials are copyright, they are free to download, print and use and your feedback will be most welcome. Please direct your comments to me at the following email address treasurer@seacliffUC.org

Praying that God will bless us all in the weeks and months ahead,

David Greig

Project Coordinator

Gary Stuckey (Rev.)

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